

Abstract

Title: Finding the relationship between fundamental motor skills and special game skills of football players (9 – 10 years)

Objectives: The aim of this thesis was to find out the correlation between fundamental motor skills and special game skills of football players in the category U10 and U11.

Methods: The method of observation – measurement was used in this thesis. The researched group consisted of 26 players in the categories U10 and U11 (average age 10.4 ± 0.7 years) from the football club SK Střešovice 1911. The level of fundamental motor skills was assessed by using TGMD-2. Level of specific game skills in football was detected by following tests: slalom, pass in running and accuracy of shooting.

Results: Significant relationship was found ($r = 0.48$, $p < 0.05$) between the level of basic motor skill and special game skills in football. The results proved, that the level of specific game skills was significantly influenced by manipulation skills ($r = 0.53$; $p < 0.001$) compared to locomotion skills ($r = 0.40$; $p < 0.05$). In motor level testing was found that 61 % ($n = 16$) of players have a below average level of fundamental motor skills. According to the results of this thesis there was not proven statistically significant relationship between the observed age categories U10 and U11 at the level of fundamental motor skills ($d = 0.49$) and at the level of specific game skills in football ($d = 0.25$).

Keywords: fundamental motor skills, special game skills, TGMD-2, football